Survey on the presence of $^{90}$Sr in milk samples by a validated ultra low level liquid scintillation counting (LSC) method

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Abstract. $^{90}$Sr is one of the most biologically hazardous radionuclides produced in nuclear fission processes and decays emitting high-energy beta particles turning $^{90}$Y. $^{90}$Sr is transferred from soil-plant to cow’s milk and then to humans if it is introduced into the environment. Radiostrontium is chemically similar to calcium entering the human body through several food chains and depositing in bone and blood-forming tissue (bone marrow). Among main foodstuffs assumed in human diet, milk is considered of special interest for radiostrontium determination, especially in emergency situations, because the consumption of contaminated milk is the main source of internal radiation exposure, particularly for infants. In this work an analytical method for the determination of radiostrontium in milk was developed and validated in order to determine low activity levels by liquid scintillation counting (LSC) after achieving $^{90}$Y secular equilibrium condition. The analytical procedure was applied both in surveillance and routine programmes to detect radiocontamination in cow’s, goat and sheep milk samples.

Key words: $^{90}$Sr, milk, LSC, validation

Introduction

$^{90}$Sr is considered a radiotoxic isotope due to its long physical and biological half-life. It is produced in nuclear fission processes and decays to its radioactive daughter nuclide $^{90}$Y, emitting beta particles ($E_{\text{max}} = 546$ keV). $^{90}$Y is also a pure β-emitter with $E_{\text{max}}$ of 2284 keV and is quickly in equilibrium with $^{90}$Sr as a result of its short half-life (64.1 h). Due to its similarity with calcium, $^{90}$Sr is easily absorbed in humans through several food chains and it is accumulated in bones, where it emits its energetic β-particles with a half life of 28.8 years, posing a high risk to human health. Consequently, the monitoring of the levels of $^{90}$Sr in environmental materials and foodstuffs is essential, particularly in milk that contains high amounts of calcium and is wide consumed especially by infants.

The EURATOM decree n. L 2218/89 defines the highest allowed levels of radiostrontium contamination on food products in case of nuclear accident. Limits of 125 Bq/l and 75 Bq/l have been established for $^{90}$Sr in milk and milk products for babies, respectively.

Current national official methods [UNI, 1991 and 1994] are very laborious and time-consuming and it is necessary to develop an alternative method in contrast to traditional ones that use gas proportional counter. In the last years, different methods for the determination of $^{90}$Sr in milk samples have been proposed [Vajda & Kim, 2010], including radiometric and spectrometric techniques, but the necessary validation procedures are lacking. In this work an analytical method for the determination of radiostrontium in milk was optimized in order to obtain its determination at low activity levels by liquid scintillation counting (LSC).

The most difficult analytical step is the separation of $^{90}$Sr from other alkaline earth elements, such as Ca and Ba. Y is a transition metal belonging to the 3rd subgroup of the periodic table, so the separation of Y is usually easier than Sr, especially when big amounts of Ca and Ba are present in the sample. Y forms strong complexes with Bis-(2-ethylhexyl) phosphate (HDEHP) so it can be selectively extracted and then precipitated as oxalate until achievement of $^{90}$Sr/$^{90}$Y secular equilibrium.

The method was validated following an in-house validation model and the most important performance parameters were evaluated in compliance with the international requirements for chemical methods [European Commission, 2002 and 2004]. The method has been applied successfully for the monitoring of various milk samples coming from Italy and collected...
from November 2011 to April 2012.

**Materials and Methods**

1 l of milk was placed in a beaker and 1 ml of Sr standard solution (10.000 mg/l) was added. The sample was mixed for 15 minutes by using a bar stirrer. 100 ml of Dowex 50 WX-8 resin, previously conditioned, were added, then the pH value of solution was corrected to 8.5 by addition of NaOH 6M. The mixture was mixed for 60 minutes by a bar stirrer and then the supernatant was discharged. 1.5 l of warm water were added at least three times to wash the resin until the obtainment of a clear supernatant. The resin was placed into a chromatographic column and the Sr was eluted slowly with 200 ml of NH₄OH solution.

The solution was corrected to 2.5 by slow addition of a 15% oxalic acid were added to the extract and the pH of solution was corrected to 1.0 by addition of HCl 0.1 M or NH₄OH 0.1M. The solution was placed in a separatory funnel with 200 ml of HNO₃ 3M and 75 mL of water. The eluate was evaporated to dryness. The sample was maintained at room temperature for two weeks until achievement of ⁹⁰Sr/⁹⁰Y secular equilibrium.

The residue was dissolved with 200 ml of HCl 0.1 M and then 1 ml of this solution was diluted to 50 mL with HNO₃ 0.1 M in a volumetric flask for Sr determination by inductively coupled plasma mass spectrometry (ICP/MS).

1 ml of Y standard solution (10.000 mg/l) was added to the sample and the pH of solution was corrected to 1.0 by addition of HCl 0.1 M or NH₄OH 0.1M. The solution was placed in a separatory funnel with 200 ml of 5% HDEHP in toluene and mixed vigorously. The aqueous phase was discharged while the organic phase was purified two times with 200 ml of HCl 0.1 M.

A liquid-liquid extraction of Y was achieved by using twice over 150 ml of HNO₃ 3M. 50 ml of 8% oxalic acid were added to the extract and the pH of solution was corrected to 2.5 by slow addition of a 15% NH₄OH solution.

The mixture was heated in order to obtain the complete precipitation of Yttrium ossalate. After cooling the mixture was filtered under vacuum using Whatman 42 filters (Whatman, Springfield Mill, UK). The filtered residue was dissolved in 2-3 ml of Nitric acid and 5 ml of H₂O₂ and the solution was evaporated to dryness. 8 ml of HCl 0.1M were used to dissolve the residue (50 µL of this solution were diluted to 50 ml by addition of HNO₃ 0.1 M, this solution was used for Y determination by ICP-MS). 12 ml of scintillation cocktail were added and the solution was used for to determination of ⁹⁰Y by ultra low level liquid scintillation counter (Quantulus Wallac 1220, PerkinElmer, Turku, Finland) with a 1000 minutes counting time. The energy of the particles is directly proportional to the photons emitted from the scintillation vial.

Lacking a specific normative to follow for the validation of radiochemical procedures, the analytical method described was validated by an in-house validation model.

Performance parameters of the method, such as trueness, precision, counting efficiency, selectivity, linearity and measurement uncertainty, were evaluated. Blank milk samples were fortified with known activities of ⁹⁰Sr (0.5 and 1 Bq/l) and six replicates at each level were carried out for the determination of recovery percentage (trueness) and relative standard deviation (precision).

The absence of β-interferences was verified in the study of selectivity by analysing a blank milk sample fortified at 1 Bq/l and effecting the counting after 10, 61 and 147 hours.

The counting efficiency was evaluated by three different ⁹⁰Sr sources with an activity of 1 Bq/l prepared from a reference solution (1.08 ± 0.02 Bq/g), after the ⁹⁰Y extraction according to the described method.

Decision Threshold and Detection Limit were determined by analysing six blank samples in compliance with ISO 11929:2010.

Instrumental linearity was verified by constructing a calibration curve with ⁹⁰Sr sources, with activities of a 1.5, 95.48 e 494.40 Bq. The statistical analysis of the regression parameters were carried out by the UNICHIM software.

A reference material, IAEA-152 milk powder, was also tested for quality control purpose.

The measurement uncertainty was elaborated according to the bottom-up method by the opportune combination of all uncertainty factors that characterize the method (repeatability, Sr and Y chemical yields by ICP/MS, weights and volumes, counting error, reference material, and counting efficiency).

**Results and Discussion**

The LSC provides information about the energy distribution of the radiation with high counting efficiency (89%) while background was kept at ultra low levels. No self absorption occurs as a consequence of the homogeneous distribution of the sample in the scintillation cocktail [Schönhofer, 1995].

As shown in figure 1, no interfering radionuclides were observed in spectra analyzed for the selectivity study. The shape of β-spectra has a characteristic maximum peak corresponding to the interesting radionuclide while the total counting decreases according to ⁹⁰Y decay. Method precision and trueness were demonstrated evaluating CV% and recovery mean values equal to 13% and 102% respectively. In figure 2 is reported an overlay of LSC spectra of a blank milk sample and of a milk spiked at 0.5 Bq/l. The chemical yield of stable Sr and Y, determined by ICP/MS, were 70% and 60% respectively. Decision Threshold and Detection Limit correspond to 0.003 Bq/l and 0.006 Bq/l (α = β = 0.05). Method accuracy was evaluated also analysing a reference material, a milk powder with a certified ⁹⁰Sr activity of 7.7 ± 0.7 Bq/kg.
The reference material was produced from cow’s milk obtained from animals grazed on land contaminated by radioactive fallout resulting from the Chernobyl incident (1986). The sample was reconstituted with deionised water and analysed, obtaining a $^{90}$Sr experimental value of $7.16 \pm 1.24$ Bq/kg ($p=0.95$, $k=2$) that match with reference data.

The radioactive concentrations of $^{90}$Sr detected, correlated to the isotope activity accumulated in soil, are very lower than legal limits. The amount of radioactive elements in food of animal origin depends also on their metabolism in the animal organism and particularly Sr is closely connected with Ca [Crout et al, 1998].

Table 1. Content of $^{90}$Sr in milk samples

<table>
<thead>
<tr>
<th>Milk</th>
<th>N. of samples</th>
<th>$^{90}$Sr mean activity (Bq/l)</th>
<th>$^{90}$Sr range (Bq/l)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Goat</td>
<td>26</td>
<td>0.13</td>
<td>0.01 - 0.22</td>
</tr>
<tr>
<td>Sheep</td>
<td>14</td>
<td>0.15</td>
<td>0.03 - 0.21</td>
</tr>
<tr>
<td>Cow’s</td>
<td>7</td>
<td>0.06</td>
<td>0.02 - 0.09</td>
</tr>
</tbody>
</table>

Kruk & Solecki (2011) demonstrated that in cows fed with $^{90}$Sr contaminated fodder about 0.08% of radioisotope gets in milk. For goat milk it may be even more than ten times higher since larger proportion between calcium amount adsorbed with food and that discharged with milk.

This was confirmed by our preliminary study since the highest $^{90}$Sr activities were detected in goat and sheep milk samples (table 1).

Moreover, ANOVA test one way demonstrated that cow’s milk samples shown a statistically significant difference from sheep and goat one.

**Conclusions**

The method developed and validated for the
determination of $^{90}$Sr in milk samples by $^{90}$Y counting is efficient and reliable for confirmatory analysis. Sample preparation is simpler than official methods and extract selectively the desired radionuclide, without interferences. Experimental results are satisfactory and the analytical procedure is able to carry out both surveillance and routine programs at very low level radiocontamination.

The investigation performed on 47 milk samples of different origin demonstrated a $^{90}$Sr contamination very lower than legal limits and a significant difference between cow’s milk in respect to goat and sheep milk.

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References


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