

Ultrasonic-assisted Extraction, Antioxidant Activity and Structural Characterization of Polysaccharides from *Oenothera Biennis* L. Leaves

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Abstract: This paper studies the optimization of ultrasonic-assisted extraction of polysaccharides from *Oenothera biennis* L. leaves using Box-Behnken design, and their in vitro antioxidant activity and structure. It is demonstrated that the optimum extraction conditions are: the ultrasonic power at 400 W, solvent-to-sample ratio of 23:1 (mL/g), ultrasonication temperature at 53 °C, and time for 36 min, under which the yield of polysaccharides from *Oenothera biennis* L. leaves, namely 3.54%, remains close to the predicted value in the model. The assays of the scavenging effect on DPPH and hydroxyl free radicals, and of the reducing power indicate that polysaccharides from *Oenothera biennis* L. leaves possess strong antioxidant activity and certain relationship exists between their dose and effect in the concentration range of the experiment; Fourier IR spectroscopy reveals that characteristic absorption peak of polysaccharides can be seen from the sample; the DE-52 cellulose column chromatography, HPLC profiles, and GC-MS chromatogram identify the obtained OCP-2 as heteropolysaccharides, whose major components, including arabinose, mannose, galactose, and talose, have an average molecular weight of 5435 Da.

1 Introduction

Oenothera biennis L., also known as Radix helicteris or evening primrose, is a herbaceous biennial of the Onagraceae family native to South and North America. Around twenty types of *Oenothera biennis* L. have already been found in China ^[1], mainly distributed in Guizhou Province, North and Northeast China. They contain the active ingredients of flavonoid, phenols, polysaccharides, and lipids that have antiviral, anti-inflammatory, and antioxidant activity^[2]. The current exploitation of *Oenothera biennis* L. centers on its seed oil, whereas virtually all of its stems and leaves are discarded, leaving resources wasted and environment polluted. Plant polysaccharides physiologically possess immune enhancement, anti-tumor, anti-aging, anti-radiation and hypoglycemic activity^[3]. Among the few studies existing by far on polysaccharides from *Oenothera biennis* L. leaves is the preliminary one conducted by Zeng, et al^[4] concentrating on their effects on tumor suppression, while the research on their ultrasonic-assisted extraction, antioxidant activity, structure characterization, and separation and purification is very scarce.

To provide useful references for the comprehensive exploitation of *Oenothera biennis* L., this experiment identifies the optimal conditions required for such polysaccharide extraction that is optimized by response

surface methodology (RSM); the scavenging effect on DPPH and hydroxyl free radicals, and the reducing power are assayed to study the in vitro antioxidant activity; Fourier IR spectroscopy is employed to identify the basic structure characterization; the DE-52 cellulose column chromatography works to purify obtained polysaccharides, and HPLC profiles and GC-MS chromatogram are used to analyze the average molecular weight and monosaccharide composition.

2 Materials and Methods

2.1 Materials and reagents

Oenothera biennis L. Leaves, Jilin Shengji (excellence with a solid foundation) Industrial Co., LTD., dry to constant weight at 60 °C, pulverize and sieve with 40 mesh screen, degrease with Soxhlet extractor, and then keep in the refrigerator at -20 °C; 1,1-diphenyl-2-picrylhydrazyl (DPPH) Sigma; ascorbic acid (V_C), Tianjin Guangfu Fine Chemical Research Institute; DE-52 cellulose Whatman; ferrous sulfate heptahydrate, ethylenediaminetetraacetic acid (EDTA), ammonium molybdate tetrahydrate, monosodium phosphate, and disodium hydrogen phosphate, which are all analytical reagents.

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2.2 Methods

2.2.1 Extraction of polysaccharides from *Oenothera biennis* L. leaves

Accurately weigh a certain amount of *Oenothera biennis* L. leaves powder, add a certain proportion of distilled water, conduct ultrasonication (ultrasonic apparatus, KQ-400KDV, Kunshan, China) for a certain period of time, and then centrifuge for 10 min at 4000 rpm. Take supernatant and add ethanol until its volume fraction reaches 80%, and leave it overnight in a refrigerator at 4 °C before further centrifugation. Wash the precipitate with anhydrous ethanol, acetone, ether respectively until it appears colorless, and then lay it in a fume hood so as to evaporate it to dryness. The resulting crude extract is the exact crude polysaccharides from *Oenothera biennis* L. leaves (OCP).

2.2.2 Extraction optimization of OCP by response surface methodology (RSM)

According to the experiment results, the Box-Behnken design is adopted in which ultrasonic power, solvent-to-sample ratio, ultrasonication time and temperature are considered as variables to be investigated, while the yield of polysaccharides as response value. Their coded and uncoded levels are as shown in Table 1.

Table 1 Coded and uncoded levels of independent variables used for Box-Behnken design (BBD)

levels	variables			
	X ₁ ultrasonic power /w	X ₂ solvent-to-sample ratio (mL/g)	X ₃ ultrasonication time/min	X ₄ ultrasonication temperature/°C
-1	320	10:1	30	45
0	360	15:1	40	55
1	400	20:1	50	65

2.2.3 Assay of polysaccharides yield

The phenol-sulfuric acid method^[5] is employed to determine the polysaccharide content in crude polysaccharides, while glucose is used as the standard.

$$\text{the polysaccharide yield} \quad / \% = \frac{m}{M} \times 100 \quad (1)$$

In the formula, *m* and *M* are respectively the mass of polysaccharides in crude polysaccharides (g) and the mass of *Oenothera biennis* L. leaves powder (g).

2.2.4 Study on the antioxidant activity of OCP

Take and deproteinize OCP by the Sevage method^[6], add anhydrous ethanol until the volume fraction reaches 80%, and let it stand overnight at the temperature of 4 °C. Centrifuge, dry the precipitate, and refrigerate for later use.

2.2.4.1 Assay of the scavenging effect on DPPH free radicals

Employ the method used by Poppe, et al^[7] but make a slight modification. Take 1 mL of sample solution of different concentrations respectively, add 2 mL of DPPH solution (0.1 mmol dissolved in 95% ethanol), shake well immediately, and react for 30 min at room temperature in the dark. Measure the absorbance at a wavelength of 517 nm after the reaction is complete. Take 1 mL of distilled water plus 2 mL of 95% ethanol as a reference, and take ascorbic acid (V_C) as a positive control. The scavenging rate of DPPH free radicals is calculated by the following formula:

$$\text{the scavenging rate} \quad / \% = \left(1 - \frac{A_1 - A_2}{A_0}\right) \times 100 \quad (2)$$

where *A*₁ is the absorbance of 1 mL of sample plus 2 mL DPPH solution; *A*₂ is the absorbance of 1 mL sample solution plus 2 mL of 95% ethanol; *A*₀ is the absorbance of 2 mL DPPH solution plus 1 mL of distilled water.

2.2.4.2 Assay of the scavenging effect on hydroxyl free radicals (•OH)

Take 1 mL of sample solution of different concentrations respectively, and add 1 mL of 10 mmol/L salicylic acid solution of alcohol and 1 mL of 10 mmol/L ferric sulfite solution. One minute later, add 1 mL of 10 mmol/L hydrogen peroxide solution, and react for 30 min in a 37 °C water bath in the dark. Measure the absorbance at a wavelength of 510 nm, and take ascorbic acid (V_C) as a positive control. The scavenging rate of hydroxyl free radicals is calculated by the following formula:

$$\text{the scavenging rate} \quad / \% = \left(1 - \frac{A_1 - A_2}{A_3}\right) \times 100 \quad (3)$$

where *A*₁ is the absorbance of 1 mL of sample plus the mixed solution; *A*₂ is the absorbance of replacing hydrogen peroxide solution with 1 mL of distilled water to react; *A*₃ is the absorbance of replacing sample solution with 1 mL of distilled water to react.

2.2.4.3 Assay of the reducing power

Employ the method used by Lai, et al^[8] but make a slight modification. Take 1 mL of sample solution of different concentrations, add 2.5 mL of 0.2 M phosphate solution (pH=6.6) and 2.5 mL of 1% potassium ferricyanide solution, and place in a 50 °C water bath for 20 min. Then add 2.5 mL of 10% trichloroacetic acid (TCA) solution and centrifuge at 3500 r/min for 10 min. Take 2.5 mL of supernatant, quickly add 0.5 mL distilled water and 0.5 mL of 0.1% ferric chloride solution, and let it stand for 15 min at room temperature before measuring the absorbance at a wavelength of 700 nm. Take ascorbic acid (V_C) as a positive control.

2.2.5 IR spectroscopy analysis of OCP

Use KBr pellets. Weigh 200.0 mg of KBr and 2.0 mg of OCP that have been dried to constant weight. Mix, grind,

and make a pellet, and then scan it under an infrared spectrometer at a wavelength of 4000-400 cm^{-1} .

2.2.6 Separation and purification of OCP

Convert the above-mentioned OCP to a solution with a mass concentration of 10 mg/mL, allow the DE-52 cellulose column to equilibrate with distilled water, load 3 mL of sample, elute the column with distilled water first and then with 0.1, 0.2 and 0.3 mol/L NaCl solution respectively at 1.0 mL/min, and collect a tube every three minutes. Detect polysaccharides using the phenol-sulfuric acid method, draw a graph, and collect eluate that reveals a single peak.

2.2.7 Assay of the molecular weight of polysaccharides

The purity and average molecular weight of polysaccharides are determined by high performance liquid chromatography (HPLC). The column is TSK-GEL G3000 PWXL (300 mm \times 7.8 mm), the mobile phase is ultrapure water with a column temperature of 40 $^{\circ}\text{C}$ at a flow rate of 0.5 mL/min, the sample is 2 mg/mL, and the injection volume is 20 μL . Draw a standard curve with the logarithm of the molecular weight of standard polysaccharide sample ($\lg M_w$) as the ordinate and the retention time of sample peak as the abscissa, and calculate the average molecular weight of polysaccharide components.

2.2.8 Assay of polysaccharide components

Identify the components in polysaccharide sample using GC-MS, take 10 mg of polysaccharides and dissolve in 2 mL of 2 mol/L trifluoroacetic solution, and seal the tube by nitrogen. Hydrolyze at 110 $^{\circ}\text{C}$ for 5 h, remove trifluoroacetic acid under reduced pressure, add 30 μL of silanization reagent and 100 μL of pyridine to the remaining product, seal the tube, react at 100 $^{\circ}\text{C}$ for 60 min, and then cool to room temperature. Concentrate it under reduced pressure to dryness, and add 0.5 mL of chloroform solution to dissolve for later experiment. GC conditions: quartz capillary separation columns (HP-5, 30 m \times 250 μm \times 0.25 μm), the carrier gas of helium, a flow rate of 1.0 mL/min, an inlet temperature of 280 $^{\circ}\text{C}$ and interface of 280 $^{\circ}\text{C}$, and temperature programming: maintain the initial temperature of 80 $^{\circ}\text{C}$ for 5 min before increasing it to 290 $^{\circ}\text{C}$ by 10 $^{\circ}\text{C}/\text{min}$. MS conditions: electron impact ion source, the electron energy of 70 eV, an ion source temperature of 230 $^{\circ}\text{C}$, and a scan range of 20-700 amu.

2.2.9 Statistical Analysis

Use the software Design-Expert8.0.6 to conduct a quadratic regression and variance analysis of the optimization of polysaccharide extraction, and apply the

software Origin7.0 to the statistical analysis of all the other experimental data. Repeat all the experiments three times.

3 Results and Discussion

3.1 Optimization of polysaccharide extraction by response surface methodology

3.1.1 Design and results for response surface analysis

Table 2 Experiment design and results for response surface analysis.

No.	X_1	X_2	X_3	X_4	Y polysaccharides yield /%
1	0	0	0	0	3.49
2	-1	0	-1	0	2.89
3	0	-1	-1	0	2.49
4	0	-1	0	-1	2.38
5	1	-1	0	0	2.84
6	-1	1	0	0	3.32
7	-1	0	0	-1	3.01
8	0	1	-1	0	3.31
9	0	0	0	0	3.37
10	1	0	0	-1	3.21
11	0	-1	1	0	2.67
12	1	0	1	0	3.16
13	0	0	0	0	3.36
14	-1	0	1	0	3.11
15	0	-1	0	1	2.44
16	0	1	1	0	3.22
17	0	0	0	0	3.46
18	0	1	0	1	3.33
19	1	1	0	0	3.45
20	0	0	-1	1	2.93
21	-1	-1	0	0	2.79
22	0	0	-1	-1	3.27
23	1	0	0	1	3.43
24	0	0	1	1	3.20
25	0	1	0	-1	3.41
26	-1	0	0	1	3.20
27	0	0	1	-1	3.15
28	1	0	-1	0	3.41
29	0	0	0	0	3.47

Experiment design and results for response surface analysis is as shown in Table 2, and analysis of variance in Table 3. Use the software Design-Expert8.0 to fit the quadratic regression model based on the data in Table 2, and a regression equation of polysaccharides yield can be obtained as follows:

$$Y=3.43+0.098X_1+0.37X_2+0.0175X_3+0.008333-0.03X_4+0.02X_1X_2-0.12X_1X_3+0.0075-0.03X_1X_4-0.067X_2X_3-0.035X_2X_4+0.098X_3X_4-0.055X_1^2-0.33X_2^2-0.18X_3^2-0.16X_4^2$$

Table 3 displays that this regression model ($P < 0.0001$) is highly significant, whereas the lack of fit is

non-significant. The model's coefficient of determination R^2 stands at 0.9241, meaning that the experimental design is reliable to accurately predict the yield of OCP. The linear term of ultrasonic power is significant ($P<0.05$), the linear term of solvent-to-sample ratio is extremely significant ($P<0.01$), and the quadratic terms of solvent-to-sample ratio, ultrasonication time, and temperature are all extremely significant ($P<0.01$). It is indicated that the relationship between various factors and the yield of polysaccharides is not linear^[9]. The interaction between the four factors is non-significant, and the response surface and contour plot of the interaction are as shown in Figure 1. The influence of the four factors on the yield of polysaccharides is in the following order: solvent-to-sample ratio > ultrasound power > ultrasonication time > ultrasonication temperature.

Table 3 Analysis of variance table

sources of variance	degree of freedom	sum of squares	mean squares	F-value	P-value
X_1	1	0.12	0.12	7.29	0.0173
X_2	1	1.64	1.64	102.68	<0.0001
X_3	1	0.003675	0.003675	0.23	0.6384
X_4	1	0.000833	0.000833	0.052	0.8224
X_1X_2	1	0.0016	0.0016	0.1	0.756
X_1X_3	1	0.055	0.055	3.47	0.0837
X_1X_4	1	0.000225	0.000225	0.014	0.9071
X_2X_3	1	0.018	0.018	1.14	0.3028
X_2X_4	1	0.0049	0.0049	0.31	0.5879
X_3X_4	1	0.038	0.038	2.39	0.1446
X_1^2	1	0.02	0.02	1.23	0.2857
X_2^2	1	0.69	0.69	43.35	<0.0001
X_3^2	1	0.21	0.21	13.38	0.0026
X_4^2	1	0.17	0.17	10.75	0.0055
model	14	2.72	0.19	12.18	<0.0001
residual	14	0.22	0.016		
lack of fit	10	0.21	0.021	5.71	0.0539
pure error	4	0.015	0.00365		
sum	28	2.94			

As shown in Figure 1 (a-f), the three-dimensional surface plots formed by response factors and their contour plots on two dimensional plane make the influence imposed by these factors and their interaction visible. Comprehensive analysis of variance demonstrates that the interaction between any two factors is non-significant. Keep two of these factors at the level of zero alternately, and the influence imposed by the interaction of the other two factors on polysaccharides yield can be obtained. Figure 1 (a) displays that when the ultrasonic power remains constant, the yield of polysaccharides increases first and then decreases as ultrasonication time keeps increasing. The underlying reason is probably that a certain period of time is required for ultrasound to destroy the cell walls and an increasing number of destroyed cells arising from

the increase of time allow more polysaccharides to dissolve in the solvent. Nevertheless, some polysaccharides will degrade due to the thermal effect produced as ultrasonication time continues to increase, causing a decrease in the yield of polysaccharides. When the ultrasonication time is invariable, the yield of polysaccharides increases slowly with the increase of ultrasonic power, which is possibly because the rupture of cell walls is aggravated by the increase in ultrasonic power and the enhanced cavitation effect, allowing more intracellular substances to dissolve. The interaction between ultrasonic power and ultrasonication temperature appears weak, which can only engender a smooth change in the yield of polysaccharides when ultrasonication time and solvent-to-sample ratio remain invariable. Figure 1 (b) shows that when the ultrasonic power remains constant, the increase of solvent-to-sample ratio will cause the yield of polysaccharides to increase first before leveling off. The same holds true for the change of polysaccharides yield caused by solvent-to-sample ratio when ultrasonication time or temperature remains constant.

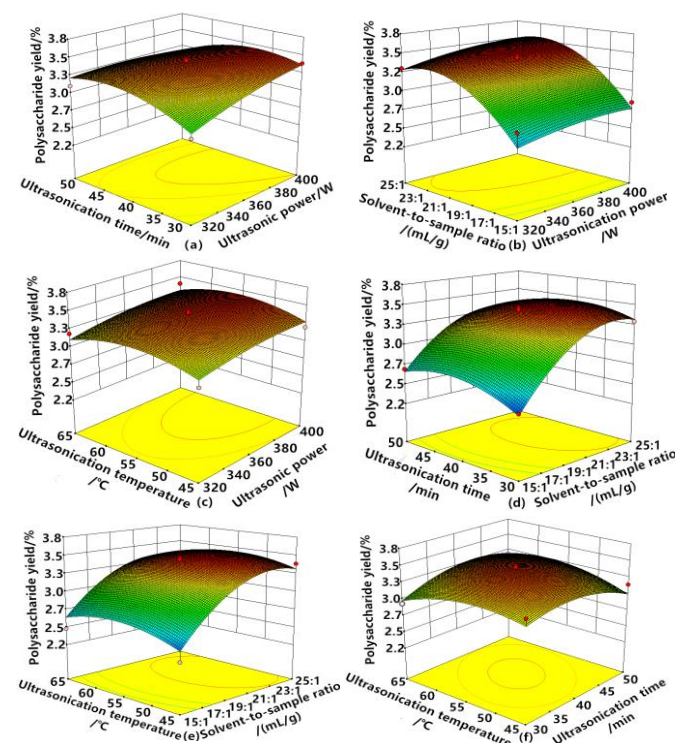


Fig.1. Response surface graphs showing the experimental factors and their combined effects on the yield of OCP

3.1.2 Determination and verification of the optimum conditions

Based on the analysis by the software Design-Expert8.0.6, the optimum extraction parameters are predicted as follows: the ultrasonic power at 400 W, solvent-to-sample ratio of 23.25:1 (mL/g), ultrasonication temperature at 53.46 °C, and time for 35.60 min, and polysaccharides yield of 3.62%. Given the practical operating conditions, the above parameters are modified as follows: the ultrasonic power at 400 W, solvent-to-sample ratio 23 : 1 (mL/g), ultrasonication

temperature at 53 °C, and time for 36 min, under which the yield of OCP is 3.54%. In comparison with the modified predicted value, the relative error is merely 2.21%.

3.2 Antioxidant activity of OCP

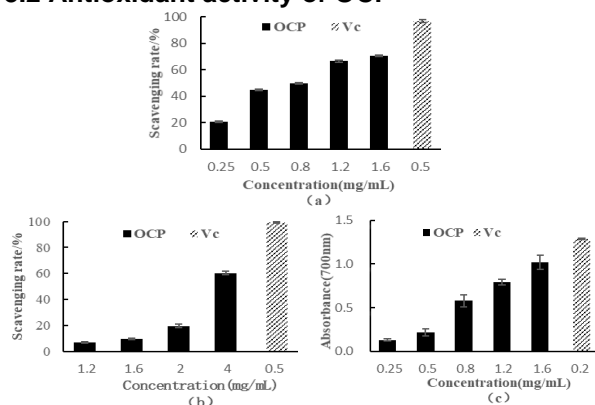


Figure 2. The antioxidant activity of OCP. (a) scavenging effect on DPPH free radicals, (b) scavenging effect on hydroxyl free radicals, (c) the reducing power

The scavenging effect on DPPH free radicals is beyond possibility without their ability to provide hydrogen atoms^[10]. A small quantity of compounds react quickly with DPPH radicals, reducing the same number of DPPH molecules as that of their own hydroxyl radicals, while most compounds react slowly due to more complicated mechanisms^[11]. As shown in Figure 2(a), the scavenging effect on DPPH free radicals of OCP gets enhanced as the concentration increases, leveling off when the mass concentration exceeds 1.2 mg/mL and reaching 70.52% at the concentration of 1.6 mg/mL. It is indicated that polysaccharides from *Oenothera biennis* L. leaves possess strong scavenging activity of DPPH free radicals and certain relationship exists between the dose and effect in the concentration range of the experiment.

Hydroxyl free radicals are so active that they are liable to react with and deactivate active substances in the body, or even worse, cause cancer. In Figure 2(b), OCP's scavenging effect on hydroxyl free radicals appears enhanced with the increase of concentration, reaching 60.36% at the mass concentration of 4 mg/mL, which signifies a strong scavenging effect on hydroxyl free radicals. Polysaccharides from *Oenothera biennis* L. leaves owe their scavenging ability of hydroxyl free radicals to either the hydroxyl group possibly existing in their structure or the influence imposed by the density of electrons around heterocyclic carbon^[12].

Potassium ferricyanide [K₃Fe(CN)₆] has its Fe³⁺ reduced by antioxidant to Fe²⁺, which can be detected by Prussian blue reaction at the wavelength of 700 nm. A greater value of absorbance contributes to a stronger reducing power and antioxidant activity of the substance^[13-14]. Figure 2(c) demonstrates that the reducing power of OCP becomes enhanced with the increase of mass concentration. The absorbance stands at 1.02 at the maximum mass concentration of 1.6 mg/mL, indicating that polysaccharides from *Oenothera biennis* L. leaves possess strong reducing power and certain

relationship exists between the dose and effect in the concentration range of the experiment.

3.3 Fourier IR spectroscopy analysis of OCP

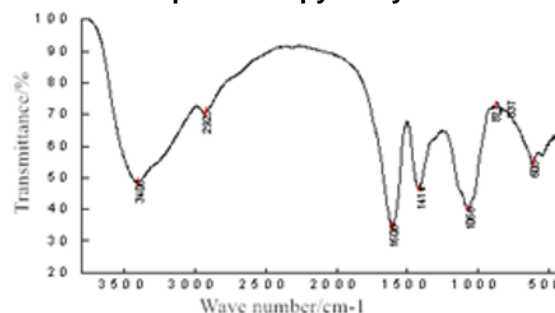


Fig. 3. IR spectroscopy of polysaccharides

The IR spectroscopy of OCP, which possesses the characteristic absorption peaks of polysaccharides, is as shown in Figure 3. The larger peak at 3406 cm⁻¹ is assigned to the stretching vibration of intermolecular or intramolecular H-bonded O-H; at 2925 cm⁻¹ exists a C-H vibration absorption peak; at 1606 cm⁻¹ is the vibration absorption peak of C=O in uronic acid, signifying the possible existence of carboxyl or carboxylate; at 1414 cm⁻¹ is bending vibration absorption peak of C-H; 1066 cm⁻¹ displays the asymmetric stretching vibration of the glycosidic bond C-O-C, indicating the presence of pyranoid ring conformation in polysaccharides; 837 cm⁻¹ shows the characteristic absorption peak of α-glycosidic bonds, meaning that the monosaccharide is α-D-glucopyranose^[15-16].

3.4 Separation and purification of OCP

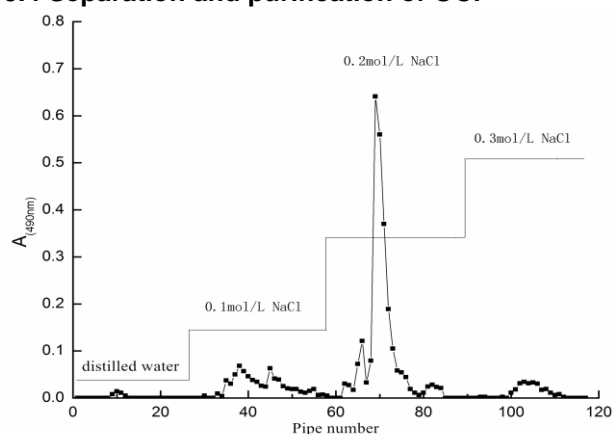


Fig.4. Elution curve of OCP on the DE- 52 cellulose column

Figure 4 demonstrates that during separating OCP through the DE-52 cellulose the peaks appear smaller when distilled water, and 0.1 and 0.3 mol/L NaCl are used for elution, while the largest one appears when 0.2 mol/L NaCl is used, a sign of the maximum quantity of OCP. Collect, concentrate, dialyze, and freeze-dry the subsequent fraction from the elution of 0.2mol/L NaCl (at the larger peak), and the polysaccharide component OCP-2 can be obtained.

3.5 The average molecular weight of OCP

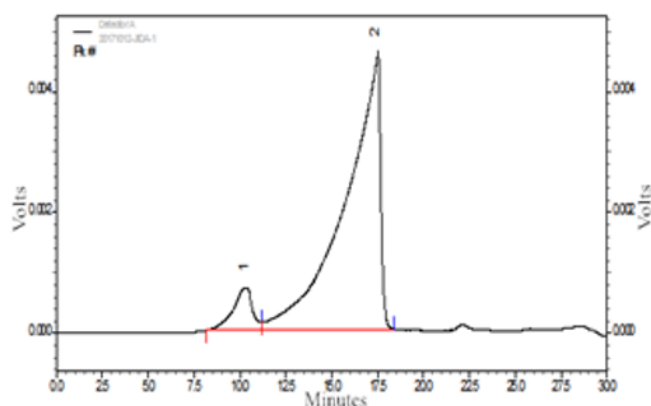


Fig. 5. HPLC profiles of purified polysaccharides

The standard curve equation is presented as follows by the GPC method: $y = -0.33601052x + 9.61945385$ ($R^2 = 0.9997$). The high performance liquid chromatogram (HPLC) of the purified sample is as shown in Figure 5, in which peak 2 has a far larger area than peak 1. OCP-2 is a type of heteropolysaccharides, of whose major components the average molecular weight stands at 5435 Da.

3.6 Monosaccharide composition analysis

Figure 6 displays the GC-MS chromatogram of OCP, in which at peak 1, 2, and 3 is arabinose, 4 is mannose, 5 is galactose, and 8 is talose, while the components at peak 6, 7, and 9 are unknown. The retention time of peak 1-9 is 13.853, 13.907, 14.276, 14.818, 16.193, 16.618, 16.949, 17.072, 17.790 min respectively. It follows that OCP is composed of arabinose, mannose, galactose, talose and some other components that remain unknown, requiring further analysis based on subsequent experiments.

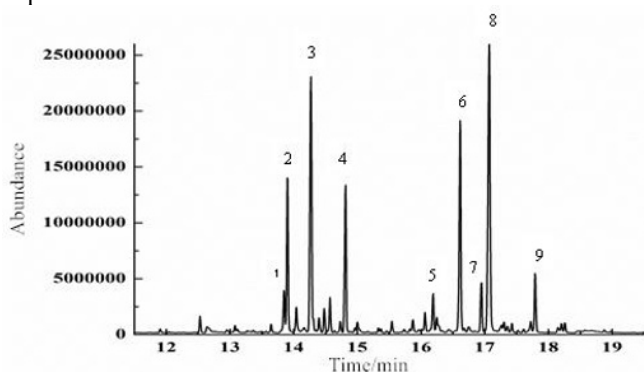


Fig. 6. GC-MS chromatogram of OCP

4 Conclusions

(1) The regression model of ultrasound-assisted extraction of OCP established by response surface design on the basis of single factor experiment is viable for the accurate prediction of OCP yield in the concentration range of the experiment. The optimum extraction parameters are: the ultrasonic power at 400 W, solvent-to-sample ratio of 23:1 (mL/g), ultrasonication

temperature at 53 °C, and time for 36 min, under which the yield of OCP stands at 3.54%.

(2) Polysaccharides from *Oenothera biennis* L. leaves possess strong scavenging activity of DPPH and hydroxyl free radicals, and strong reducing power. Meanwhile certain relationship exists invariably between the dose and effect in the concentration range of the experiment.

(3) Fourier IR spectroscopy reveals that characteristic absorption peak of polysaccharides can be seen from OCP; OCP-2, a water-soluble component of polysaccharides obtained by the the DE-52 cellulose column chromatography, is identified by HPLC as heteropolysaccharides, whose major components, including arabinose, mannose, galactose, and talose, have an average molecular weight of 5435 Da.

Acknowledgments

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