

# Inhibitory effect of plant metabolites of *Nigella sativa* on conditionally pathogenic microflora of productive animals

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**Abstract. Objective:** The effectiveness of a phytobiotic based on active metabolites of *Nigella sativa* L. against typical microorganisms of opportunistic microbiocenosis of the mucous membranes of highly productive cows was studied. Initially, the inhibitory activity of the phytobiotic was studied on cultures of wild multi-antibiotic-resistant isolates of *P. aeruginosa* and *S. aureus* isolated on a commercial dairy farm. It was found that the phytobiotic had the ability to inhibit the growth of isolates on the nutrient medium, but the severity of the inhibitory effect varied notably. At the second stage, an experiment was conducted with the local application of phytobiotics on cows that had inflammatory complications of the postpartum period. The results of the experiment showed a pronounced inhibitory effect of the phytobiotic on *S. aureus*, *Str. uberis*, *P. aeruginosa*, *E. cloacae*, *C. albicans*, and *P. mirabilis*. There was an involution of inflammatory symptoms and normalization of the clinical and microbiological state of the mucous membrane after the use of a phytobiotic preparation.

## 1 Introduction

Microbiocenosis of the mucous membranes of the reproductive system in cows is one of the key factors that play a role in the development of postpartum inflammatory complications. The predominance of pathogenic microorganisms in the microbiocenosis structure significantly increases the risk of endometritis and slows down the rate of regeneration of the birth canal tissues. In case of acquired immunodeficiency in combination with physiological immunosuppression during pregnancy, any opportunistic microflora can cause an inflammatory process in the tissues of the mucous membrane of the vagina and uterus, which, in turn, has a negative effect on the entire body [1, 2]. Currently, antibiotics are traditionally used to correct dysbiosis and treat pathologies caused by opportunistic microflora. Nevertheless, the rapid spread of antimicrobial resistance is

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increasingly making antibiotics ineffective. An alternative treatment option for dysbiosis and certain infectious conditions is phytobiotics, which are used in combination with antibiotics, less often – as an independent therapeutic agent [3-7]. The mechanisms of action of the main plant metabolites with antimicrobial activity - phytoncides, terpenoids, phenolic lipids, isothiocyanates, tannins, organic acids, and flavonoids - are known and studied [7,8]. The bactericidal effect of most phytobiotics is mediated through the effects of membrane toxicity, inhibition of membrane transport proteins, changes in the permeability and destruction of lipophilic components of cell membranes [4,6,7]. At the same time, active substances of plant nature exhibit bacteriostatic, bactericidal properties both against gram-positive and gram-negative microorganisms, including *S. aureus*, *P. aeruginosa*, *E. coli*, *E. faecalis*, *C. albicans*, which are facultative pathogens inhabiting the mucous membranes of animals [6-9]. The study of the local antimicrobial activity of phytobiotics and the development of methods for their external use will allow to supplement or replace traditional antibiotic therapy schemes for the correction of dysbiosis of the mucous membranes of productive animals, which is certainly very important in the context of growing antimicrobial resistance.

## 2 Materials and Methods

The study of the inhibitory effect of an external phytobiotic on typical microorganisms of opportunistic microbiocenosis of the mucous membranes of highly productive cows was carried out. The preparation was a water-oil emulsion for external use, which includes: distilled water (74% vol.), cold-pressed *Nigella sativa* L oil (25% vol.), essential oil of *Nigella sativa* L. seeds, obtained by pressing and steam distillation (1.0%). The basis for the preparation was chosen because of the high content of thymoquinone and thymohydroquinone in *N. sativa* oils, which are known for their activity against *S. aureus*, *P. aeruginosa*, *E. coli* and *C. albicans* [8, 9, 10]. The mass fraction of active metabolites in the essential oil component was as follows: thymoquinone - 32.8%, thymohydroquinone - 2.7%, longifolene - 1.7%. Essential oils were produced on the basis of FSBIS Agricultural Research Institute of the Crimea.

At the first stage, the inhibitory activity of the preparation was studied on cultures of multi-resistant microorganisms *Staphylococcus aureus* and *Pseudomonas aeruginosa*. Isolates of microorganisms were previously isolated from swabs from the mucous membranes of cows on commercial dairy farms, and their sensitivity to antibiotics was analyzed by the disc diffusion method according to standard microbiological methods [11]. To test the phytobiotic preparation, 16 isolates were selected that had the following antibiotic sensitivity profiles: *P. aeruginosa* - simultaneous resistance to meropenem, enrofloxacin and tobramycin; *S. aureus* - simultaneous resistance to benzylpenicillin, amoxicillin, meropenem, tetracycline and enrofloxacin. The analysis of the phytobiotic inhibitory effect was performed by volume displacement method on Muller-Hinton agar. The inhibition zone of microorganisms was analyzed. The following criteria were taken into account: inhibition zone of less than 6 mm – the isolate is not sensitive to the preparation, 7-16 mm - moderate sensitivity, more than 16 mm - the isolate is sensitive.

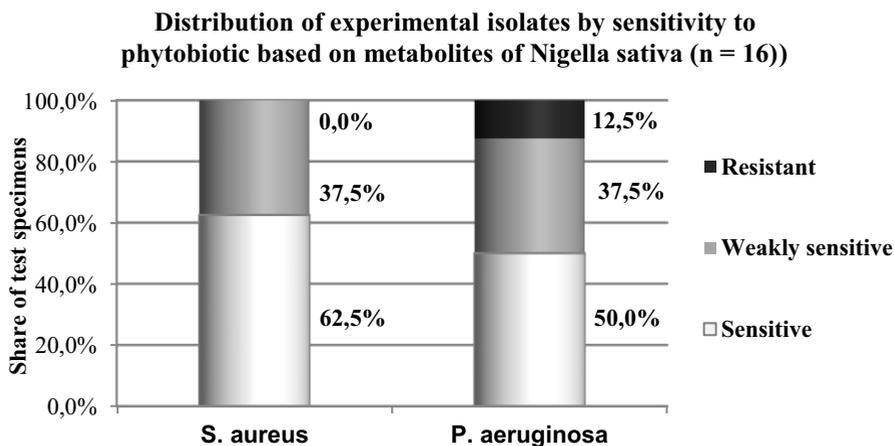
At the second stage, we studied the local antimicrobial effect of a phytobiotic based on the metabolites of *Nigella sativa* in vivo, on the basis of the commercial dairy farm. For the experiment, 10 cows were selected in the postpartum period, which had clinical signs of dysbiosis and inflammatory process of the vaginal mucosa. The phytobiotic preparation was applied to the mucous membrane by irrigation in the amount of 20 ml once per 1 head per day for 7 days. Before and after the experiment, swabs were taken from the vaginal mucosa for microbiological analysis. The microorganisms were cultured on dense nutrient

media, identified by the MALDI-TOF method in the VITEK MS analyzer, and pathogenicity was determined by standard microbiological methods.

Processing of the obtained results was carried out in the program STATISTICA 10, the plan and methodology of the experiment on farm animals were approved by the Ethical Commission of the Ural State Agrarian University.

### 3 Results and discussion

The results of the study of the inhibitory activity of the phytobiotic based on secondary plant metabolites of *Nigella sativa* L., conducted on cultures of microorganisms, showed that the majority of multi-resistant isolates of *S. aureus* and *P. aeruginosa* were sensitive to the preparation to some extent (Figure 1).



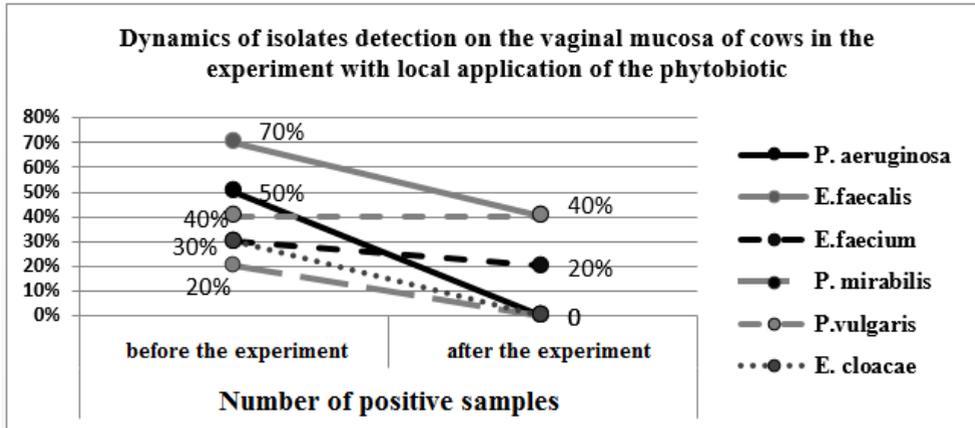
**Fig. 1.** Cultures of microorganisms

Of the eight *S. aureus* isolates, more than a half showed good sensitivity. The diameter of the inhibition zone in the phytobiotic-sensitive isolates varied from 18 mm to 44 mm. In moderately sensitive *S. aureus*, the inhibition zone was 8, 10, and 11 mm; no stable isolates were found in the experiment. Thus, the variability of the response of *S. aureus* isolates to the phytobiotic placed in the lunula on the nutrient medium was noted. Presumably, it is associated with the ability of individual *S. aureus* isolates to maintain viability at different concentrations of the phytobiotic active components in the nutrient medium; Supposably, it causes a difference in the size of the growth inhibition zones and has a positive correlation with the concentration gradient of the phytobiotic at a distance from the well to the periphery.

Multiresistant isolates of *P. aeruginosa* showed a satisfactory average sensitivity to the phytobiotic based on *Nigella sativa* L. oils, but compared to *S. aureus*, the result was worse due to the presence of resistant isolates. In general, half of the isolates showed a good reaction to the phytobiotic – the diameter of the growth inhibition zone was 20-31 mm, on average it was about 26 mm. The worst result was about 2 mm. The results of the group with moderate sensitivity were in the range of 7-16 mm.

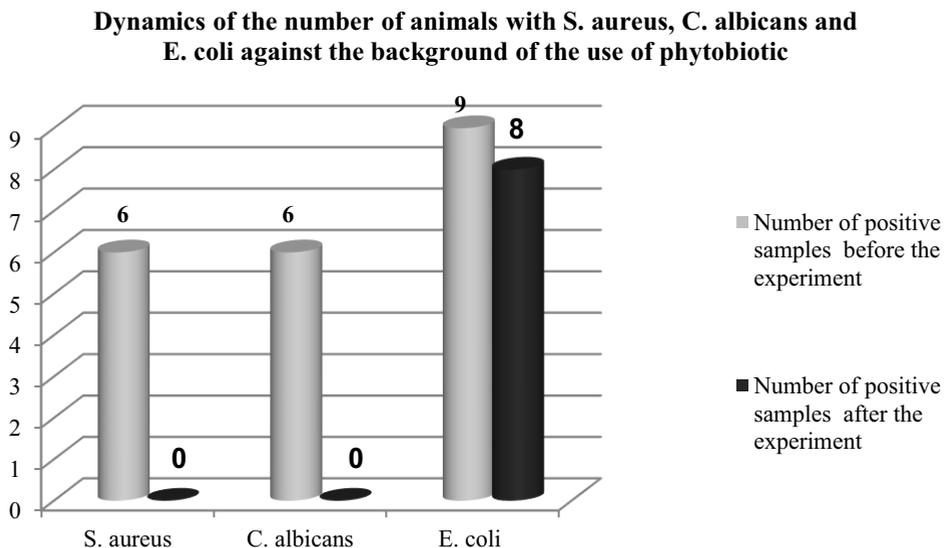
In the experiment conducted on cows in the postpartum period, a positive effect of local phytobiotic treatments on the microbiocenosis of the vaginal mucosa was established. In the swabs taken before the start of the experiment, in cows in the early postpartum period (12-16 days after calving), *P. aeruginosa*, *S. aureus*, *E. faecalis*, *E. faecium*, *P. vulgaris*, *P. mirabilis*, *E. coli*, *H. somni*, *Str. uberis*, *Penicillium* spp., *C. albicans*, *Bacillus* spp. were

detected in large quantities. In cows 30-33 days after calving, *P. aeruginosa*, *S. aureus*, *Str. uberis*, *H. somni*, *E. faecalis*, *E. faecium*, *E. cloacae*, *E. coli*, *P. vulgaris*, *Bacillus* spp., *C. albicans*, *Penicillium* spp. were mainly detected. Fecal enterococcus was detected in 70% of the animals in the group, *Staphylococcus aureus* - in 60%, and *Escherichia coli* - in 90% (Figure 2).



**Fig. 2.** Dynamics of OM isolates detection on the vaginal mucosa of cows in the experiment with local application of the phytobiotic based on *Nigella sativa* L.

After a course of phytobiotic local treatment of the vaginal mucosa, *Str. uberis*, *C. albicans*, *P. aeruginosa*, *S. aureus*, *P. mirabilis* and *E. cloacae* were completely eliminated – these microorganisms were not detected in the swabs after the end of the experiment (Figure 3).



**Fig.3.** Dynamics of the number of animals with *S. aureus*, *C. albicans* and *E. coli* against the background of the phytobiotic use.

The number of heads with positive tests for *E. coli* decreased slightly. The use of the phytobiotic did not affect *P. vulgaris* and *Bacillus* spp., they were detected in the swabs of 4 cows both before and after the end of the experiment. There was also a noticeable

improvement in the condition of the vaginal mucosa of cows after the phytobiotic use. Before the start of the experiment, 9 out of 10 animals had signs of mucosal inflammation, after the experiment, such signs were detected only in 2 animals, while their intensity was less pronounced, there was no hyperemia, and the secretion became more scarce. This fact is presumably related to the ability of secondary *N. sativa* metabolites to inhibit the lipoxygenase and cyclooxygenase pathways in arachidonic acid metabolism, as well as to the immunomodulatory effect of the metabolites mediated through the enhancement of the function of the immunity cellular link (T- and NK cells) [12, 13]. A decrease in the induction of tissue mediators of inflammation in combination with the modulation of the cellular immune response, as well as the elimination of a number of facultative pathogens, had a noticeable sanitizing effect on the vaginal mucosa in cows, which was manifested by the disappearance of clinical signs of inflammation already on the 5th-6th day of the phytobiotic use.

## 4 Conclusions

The results of the studies showed that the phytobiotic based on essential oil substances *Nigella sativa* L. had inhibitory activity against both multi-antibiotic-resistant cultures of *P. aeruginosa* and *S. aureus* in vitro, and against these microorganisms in the microbiocenoses of the vaginal mucosa of productive cows. In addition, the antibacterial effect of the phytobiotic on such pathogens as *Str. uberis*, *E. cloacae*, *C. albicans*, *P. mirabilis* was established – these microorganisms were completely eliminated from the cow mucosa after topical application of the preparation. Thus, the phytobiotic for external use based on active metabolites of *Nigella sativa* L. can be considered promising for use as the main or auxiliary agent for the treatment of dysbiosis of the vaginal mucosa in cows in the postpartum period.

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